



The Stephen's Chronicle

Official Magazine of St. Stephen's Hospital College of Nursing

Tis Hazari, Delhi, 110054, Ph.- 011-23966021(Ext-677), Fax 011-23932412
Web: <https://www.sshcon.com> E-mail: mail@sshcon.com

Vol 7 Issue 1
Jan – Apr 2026

In every way, be an example of doing good deeds. When you teach, do it with honesty and seriousness! (Holy Bible)

Education is not merely the pursuit of academic excellence; it is the shaping of compassionate professionals who will serve humanity with competence, integrity, and empathy. As we reflect upon the achievements and milestones of this academic session, I am filled with immense pride and gratitude for the remarkable journey of St. Stephen's Hospital College of Nursing.

This year has been a testimony to our Institution's unwavering commitment to excellence in nursing education, research, clinical training, and holistic student development. Being recognized as the "Top Nursing College of the Year 2025 – Clinical Training and Hospital Integration" is a significant achievement that reflects the dedication of our faculty, students, hospital administration, and all stakeholders associated with the Institution. The international recognition through the feature in London Horizon Magazine further strengthened our global academic presence and reaffirmed our mission of nurturing future nursing leaders.

Our students have continued to excel in academics, co-curricular activities, conferences, workshops, and cultural events. From winning accolades at Anugoonj 2026 to participating in national conferences, community outreach programs, and awareness campaigns, they have demonstrated confidence, creativity, and professional commitment. The successful organization of the National Conference on "Skilled Hands – Safer Birth", workshops on resilience and immunization, Basic Life Support training sessions, and community health initiatives have enriched the practical learning experiences of our students and strengthened evidence-based nursing practice.

I also extend heartfelt appreciation to our dedicated faculty members whose tireless efforts continue to inspire and guide students toward excellence. Their active participation in faculty development programs and professional forums reflects the Institution's commitment to lifelong learning.

As healthcare continues to evolve rapidly, nurses remain the backbone of compassionate and scientific care. Let us continue to uphold the values of service, discipline, faith, and excellence while striving to make meaningful contributions to society.

I congratulate all our students, faculty, and staff for their achievements and wish them continued success in all future endeavors.

Principal's Ink



Prof. Dr. Feba Geevarghese
Principal, College of Nursing
St. Stephen's Hospital College of Nursing

AWARDS & ACHIEVEMENTS



- St. Stephen's Hospital College of Nursing has demonstrated excellence across academics, training, research, extracurricular activities and community engagement, setting a benchmark for quality education and holistic development. This highlights the remarkable achievements and prestigious awards earned by the Institution that led to its recognition as the "**Top Nursing College of the Year 2025- Clinical Training and Hospital Integration**" awarded by the **Academic Insights** at the Education Excellence Awards & Summit 2025.



Its achievements and awards reflect its dedication to nurturing talent and shaping future leaders. The College continues to strive for higher standards and remains a model institution for others to follow.

✦ Prof. Dr. Feba Geevarghese, Principal St. Stephen's Hospital College of Nursing has enhanced the Institution's reputation by receiving international recognition through its feature in *London Horizon Magazine*, edition 5, January 2026. This acknowledgement highlights the Institution's global impact, outstanding academic, research and commitment to excellence in education. This feature not only brought prestige to the Institution but also positioned it among globally recognized institutions, reinforcing its status as the Best College of the Year.



ANUGOONJ 2026

Anugoonj is one of the biggest cultural fests in Delhi with more than 150 colleges and around 80,000 students taking part. This is the competition for which participants train all year round. The name “Anugoonj” literally translates to “echoing of the small efforts” and in accordance with this meaning, students get an opportunity to realize their hidden talents and get a chance to receive appreciation for their work. Anugoonj 2026 Prelims was held on 21/01/2026-23/01/2026 at KCC Institute, Greater Noida, where our students enthusiastically participated on these three consecutive days. On 21/01/2026, B.Sc. (H) Nursing students of Semester 1, Semester 3 & Semester 5 actively participated and bagged 1st prize in Folk dance competition and 2nd prize in dance choreography competition. On 22/01/2026, B.Sc. (H) Nursing students of Semester 1 & Semester 5 actively participated in singing competition solo and group but unfortunately did not secure any position. On 23/01/2026, B.Sc. (H) Nursing students of Semester 5 participated in Street Play competition and bagged 2nd prize.



The 25th Annual Cultural Festival “Anugoonj 2026” of Guru Gobind Singh Indraprastha University was held on 04th February, 2026 at Guru Gobind Singh Indraprastha University. Our college also participated enthusiastically in the “Mains event” for Folk Dance. Students performed “THEYYAM” a vibrant, ancient ritual art form native to north Malabar in Kerala. Students performed very energetically in the Mains event.



EDUCATIONAL FAIR 2026

Under the guidance of Prof. Dr. Feba Geevarghese, Principal, College of Nursing organized an ‘Educational Fair’ for the students and staff of the Hospital on 24th January 2026, 10:00am onwards at Old Administrative Block Lawn. The Educational fair was inaugurated by our Respected Sir Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital. The students and faculty enthusiastically participated and took initiative to set up food stalls with scrumptious food items like ‘Chole bhature’, ‘biryani’, ‘Momos’, ‘chilli potato’, ‘aloo tikki’, ‘kappa & fish curry’, ‘fried chicken’ and ‘fried fish’ etc. There were exciting game stalls like ‘hoopla rings’, ‘throw the ball’, ‘try your luck’ and ‘treasure hunt’. “Dhamaka sale” stall and song dedication stall were also set up. There were stalls of in which models, posters and simulators such as mechanism of labour, wound care, BLS, Intravenous cannulations and injections etc. were displayed for increasing the awareness of the students regarding various procedures. There were two stalls in which book publishers such Nurses Next Live Academy & Nurses Next Live Edu-Hub (NNL One) and Target High displayed their books. The highlight of the event was the Lucky Draw. The prizes were distributed by our Principal. The students had a good time of enjoyment and refreshment.



77th REPUBLIC DAY CELEBRATION

St. Stephen's Hospital College of Nursing is proud to be a part of Republic Day celebration on 26th January 2026. The flag hoisting was done by Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital. The students presented a melodious song in commemoration of this big day for the Nation.

**NATIONAL CONFERENCE-'SKILLED HANDS –SAFER BIRTH'**

St. Stephen's Hospital College of Nursing organized a two-day National Conference on the theme "Skilled Hands – Safer Birth" from 27th - 28th January 2026 at Conference Hall, St. Stephen's Hospital, Delhi. The event was conducted with the aim of strengthening professional knowledge and skills in maternal and newborn care. The inaugural session included a welcome address, unfolding of the theme, and the Chief Guest's message delivered by Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital. The Organizing Chairpersons, Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing and Ms. Elizabeth Santosh, Nursing Superintendent, extended greetings and set the tone for the academic deliberation. The remarkable sessions were taken by eminent speakers like Dr. Latha Venkatesan, Professor cum Principal AIIMS College of Nursing Delhi, Prof. Dr. Manju Chhugani, Founder Dean, RCON Jamia Hamdard, Prof Cimil Babu, Vice Principal Holy Family College of Nursing, Ms. Anugrah Milton, Tutor, RAK College of Nursing, Ms. Shiny Chacko, Treasurer, TNAI National, Ms. Somibala Thokchom, Assistant Professor, Rufaida College of Nursing, Prof Sheeba Joseph, SSHCON and Doctors of St. Stephen's Hospital-Dr. Naimaa Choudhary, HOD Obstetrics & Gynecology Dept, Dr. Raisa Samuel, Consultant, OBG dept. Dr. Vivian Suman, Pediatric Consultant. The day concluded with activities, skill stations, post-test, and feedback from the participants.



LAMPLIGHTING AND GRADUATION CEREMONY 2026

The Lamp lighting of 2025 batches of First year GNM and B.Sc. (Hons.) Nursing students and the Graduation Ceremony of 2023 batch of M.Sc. Nursing, 2020 batch of B.Sc. (Hons.) Nursing and 2022 batch of General Nursing Midwifery students was held on 4th February 2026.

The Chief Guest for the occasion was Dr. William Bhatti, Director, Christian Medical College & Hospital, Ludhiana, Punjab. He shared his pearls of wisdom with the gathering. Rt. Rev. Dr. Paul Swarup, Chairman of St. Stephen's Hospital Society and Bishop of Delhi Diocese, Church of North India also graced the occasion with his presence. Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital warmly welcomed the gathering. Prof. Dr. Feba Geevarghese, Principal, St. Stephen's Hospital College of Nursing presented the Annual Report which included the achievements and milestones of the College of Nursing. First year Nursing students of B.Sc. (Hons) Nursing and GNM lit their Nightingale lamps and took the Nurses oath. Degrees and Diplomas were conferred to the graduates. Prizes were distributed to the meritorious students. Best Outgoing Student Award winners were Ms. Abigail Rodrigues, B.Sc. (Hons) Nursing batch 2020 and Ms. Jiya Raju Khairkar, General Midwifery Nursing batch 2022.



LAMPLIGHTING AND GRADUATION CEREMONY 2026



WORKSHOP ON 'BUILDING RESILIENCE, HANDLING STRESS'

A workshop on 'Building Resilience, Handling Stress' was conducted on 10th February 2026 for the First year Nursing students. The theme 'Bloom Without Burnout' was unveiled by the Chief Guest Prof. Dr. Feba Geevarghese, Principal St. Stephen's Hospital College of Nursing. Madam addressed the gathering and outlined how to build resilience by handling stress, tips to tackle student's stress. Sessions by taken by distinguished subject matter experts Dr. Juhi Rachel Baluja, Consultant Psychiatrist, Ms. Shinon Ashley Samuel Clinical Psychologist, Department of Psychiatry, St. Stephen's Hospital. The session was lively with the use of real- life examples and Bollywood movie narrations.

**SEMINAR ON BASIC LIFE SUPPORT (BLS)**

A Basic Life Support (BLS) session was conducted on 12th February 2026 at Classroom 1 for BSc Nursing Semester III students. A total of 36 students attended the session. The session was organized and facilitated by faculty- Ms. Sapam Asha Devi, Ms. Clarice, Ms. Gracy, Ms. Komal, Ms. Esther Manohar, Ms. Kosha, and Ms. Greesha. The program commenced with a pre-test to assess the baseline knowledge of students regarding Basic Life Support. This was followed by a theoretical session on BLS conducted by Ms. Komal, highlighting the principles, sequence, and importance of BLS in emergency care. Subsequently, the students were divided into two groups of 18 each for skill demonstration sessions conducted by the faculty members. The teachers also enacted a simulated BLS scenario, demonstrating the correct steps and coordination required during resuscitation.



Following the demonstration, each student performed hands-on BLS practice under faculty supervision to develop psychomotor competency and confidence in life-saving skills. The session was highly beneficial in enhancing students' knowledge and practical skills in Basic Life



Support as an essential component of their curriculum, while also contributing to faculty professional development through CNE credit.

Several demonstrative sessions on Basic Life Support were again conducted by Dr. Aditya Lyall, HOD of Critical Care Unit, St. Stephen's Hospital, to provide essential knowledge and practical skills for the students of our college. These sessions allowed the students to observe the correct hand placement, compression depth, body posture, better understanding and skill development. The sessions were conducted for 50 GNM III-year students, 24 B.Sc. (Hons) Nursing IV Year students and 09 Post basic B.Sc. Nursing II Year students from 2.30pm to 4.30pm in Biochemistry Lab Class. All the students were able to re-demonstrate the CPR techniques directly on the mannequin which really equipped them life-saving skills. These sessions were on 6th, 17th, 24th and 27th April 2026 to accommodate the students.



CHRISTIAN FELLOWSHIP RETREATS

The Pastoral department of St. Stephen's Hospital organized Fellowship Retreats for the Christian Staff and students on the Topic- Rooted in Christ on 14th February, 21st February and 28th February 2026 at Conference Hall. The students of various batches attended different days as assigned. The retreat was a time of learning and introspection.



NATIONAL CONFERENCE AT ILBS

A one-day National Conference was organized by Institute of Liver and Biliary Sciences (ILBS) on the theme "Liver-Kidney Crosstalk: Enhancing Nursing Outcomes" on 28th February 2026 at APJ Abdul Kalam Auditorium, ILBS, New Delhi. It was attended by 07 students of M.Sc. Nursing 1st and 2nd year of Medical Surgical Nursing specialty along with Ms. Clarice A. Lyngdoh, Assistant Professor. The key highlights of the Conference were sessions from experts in the field of hepatology and nephrology and poster competitions. The Chief Guest was Prof. (Dr.) Shiv Kumar Sarin, Director of ILBS and the other dignitaries on the dais were Prof. Dr. Bimla Kapoor, Former Director of School of Health Sciences, IGNOU, Dr Mini George, Principal, College of Nursing, ILBS and HODs of Nephrology and Hepatology Department, Dr. Rajendra Prasad Mathur.

**AWARENESS PROGRAM ON TUBERCULOSIS**

The Community Health Department of St. Stephen's Hospital College of Nursing organized an impactful awareness program on 30th March 2026 & 01st April 2026 in Jafarpur, Ujwa on the occasion of World Tuberculosis Day on with the aim of educating the community about the prevention, early detection, and treatment of tuberculosis (TB). The program highlighted the theme of the year, focusing on eliminating tuberculosis and promoting a TB-free society. Students actively participated in spreading awareness through various engaging activities such as health talks, poster presentations, role play,



these activities emphasized key messages including the importance of cough hygiene, early diagnosis, adherence to treatment, and reducing the stigma associated with TB. A health education session was conducted in the community, where nursing students explained the causes, symptoms, modes of transmission, and preventive measures of tuberculosis in simple and understandable language. The students also interacted with the public, clarifying doubts and encouraging them to seek timely medical care.



WORLD HEALTH DAY CELEBRATION

On the occasion of World Health Day, celebrated on 7th April 2026, the Department of Medical Surgical Nursing, St. Stephen's Hospital College of Nursing, organized various academic and creative activities under the theme "Together for Health, Stand with Science." The program aimed to promote awareness regarding the importance of evidence-based healthcare and to encourage scientific thinking among students. As part of the celebration, a Reel Making Competition was conducted, where students creatively presented health-related concepts aligned with the theme. The event witnessed active participation from students across different batches. The competition was judged by Dr. Nidhi Sharma, Dr. Vinita Gupta and Prof. Sheeba P. Joseph. The results of the competition were as follows: First prize was secured by Ms. Hebsiba Reji, B.Sc. Nursing Semester VI, Second prize by Ms.



Anchal, M.Sc. 1st year and Third prize by Ms. Kanchan Wadhwa, M.Sc. 2nd year. In addition, a "Myth vs Science" Wall Poster Competition was also organized in the college library. The competition was judged by Prof. Dr. Feba Geevarghese, Dr.

Abha Mangal, and Dr. Leiyami Kasar. The winners of the poster competition were First prize-Ms. Shereena Shaji, B.Sc. Nursing 4th year, Second prize-Ms. Aditi Rao, GNM 2nd year and Third prize- Ms. Elena, B.Sc. Nursing 4th year.



The winners of the poster competition were First prize-Ms. Shereena Shaji, B.Sc. Nursing 4th year, Second prize-Ms. Aditi Rao, GNM 2nd year and Third prize- Ms. Elena, B.Sc. Nursing 4th year.

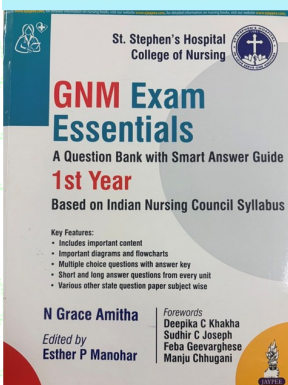
WORLD IMMUNIZATION WEEK CELEBRATION



A half day workshop centered on the theme “For every generation, vaccines work” was conducted on 29th April 2026 at Conference Hall, St. Stephen's Hospital. The event was organized by the Child Health Nursing Department, St. Stephen's Hospital College of Nursing in collaboration with the Pediatric Department of St. Stephen's Hospital. The workshop was organized for B. Sc. (Hons.) Nursing Semester 6 and GNM 2nd year nursing students. 7 faculty members also attended this workshop. The Organizing Chairperson of the workshop, Madam Prof. Dr. Feba Geevarghese addressed the gathering and unveiled the theme. The HOD of Pediatric and Neonatology department of SSH Dr. Nirmal Kumar gave an expert talk on the theme of World Immunization Week. The workshop included 4 sessions by experienced resource persons like; Dr. Pinky Bahl, Dr. Vivian Suman, Dr. Abha Mangal and Dr. Athar Reza from SSH.



LANDMARK MOMENT- BOOK RELEASE!



Our College of Nursing faculties under the leadership of the Principal Prof. Dr. Feba Geevarghese contributed towards the Textbook titled ‘GNM Exam Essentials: A Question Bank with Smart Answer Guide’ which was compiled by **Ms. N. Grace Amitha, Author** and **Ms. Esther P. Manohar, Editor** and published by **Jaypee Brothers**. The First Year Book was released on 4th February 2026 during the Lamp Lighting and Graduation Ceremony and the Second & Third Year Books will be released shortly. The primary objective and key feature of this book includes the comprehensive coverage of the examination syllabus.

The chapters reflects thoughtful organisation, updated understanding, and a commitment to simplicity without compromising depth, concise explanation of complex concepts which includes multiple choice – questions with answers and practice questions. Our **College of Nursing** acknowledges and extends our sincere gratitude to **St. Stephen's Hospital** for providing us the platform to produce this masterpiece.



PROUD MOMENT!

On 9th April 2026 Guru Gobind Singh Indraprastha University organized Convocation Ceremony for the academic achievers graduated from its colleges and affiliated institutions. This day marked a truly proud and unforgettable moment for our institution. It fills our hearts with joy and pride to witness one of our own students Ms. Ruchika Singh B.Sc (H.) Nursing batch 2021-2025 being honored with a Gold medal at the university's Convocation Ceremony in the august presence of Lieutenant Governor of Delhi, Chief Minister of Delhi, Hon'ble Vice Chancellor and other distinguished guests.



CONTINUING NURSING EDUCATION

- ✿ Ms. Ksh Nalini Devi, Ms. Sapam Asha, Ms. Pratibha, Ms. Grace Gloria Toppo, Ms. Amisha, Ms. Tanu Singh attended a Two- Day National Conference on 'Skilled hands: Safer Birth' organized by St. Stephen's Hospital College of Nursing from 28th & 29th January 2026.
- ✿ Ms. Clarice A. Lyngdoh attended a National Conference organized by Institute of Liver and Biliary Sciences (ILBS) on the theme "Liver-Kidney Crosstalk: Enhancing Nursing Outcomes" on 28th February 2026 at APJ Abdul Kalam Auditorium, ILBS, New Delhi.
- ✿ Prof. Sheeba Joseph, Ms. Varsha Varghese, Ms. Shweta, Ms. Clarice Lyndoh, Ms. Jaya Simon, Ms. Komal, Ms. Grace Gloria Toppo, Ms. Seniorita and Ms. Amisha attended a workshop on the theme 'For Every Generation, Vaccines Work' on 29th April 2026 at St. Stephen's Hospital.
- ✿ Ms. Clarice A Lyngdoh, Ms. Nisha, Ms. Komal & Ms. Pratibha attended an Online Certificate course on Viral Hepatitis organized by ILBS, Delhi from 6th to 10th April 2026.

CONGRATULATIONS!

**100% RESULT OF
B.Sc. NURSING SEMESTER 3 & 6**