The Stephen's Chronicle

Official Magazine of St. Stephen's Hospital College of Nursing

Tis Hazari, Delhi, 110054, Ph.– 011-23966021(Ext-677), Fax 011-23932412
Web: https://www.sshcon.com E-mail: mail@sshcon.com

Vol 6 Issue 1
Jan – Apr 2025

May God be gracious to us and bless us and make his face shine on us! *(Holy Bible)*

Principal's Ink

It is with great pride and joy that I pen this Editorial for the College Newsletter capturing the vibrant life and tireless commitment to learning, service and growth at St. Stephen's Hospital College of Nursing.

The beginning of the year 2025 marked several enriching experience for our students. A moment of immense pride was the Lamp Lighting and Graduation Ceremony held on 7th February 2025. It was heartening to see the first year students light their Nightingale lamps, signifying their pledge to compassionate nursing. At the same the graduates and meritorious students received their awards holding the flag of our Institution as well as the profession high. We had 100% pass results in Post Basic B.Sc. Nursing and B.Sc. (Hons.) Nursing Semester 2 & 5 at the University exams. In recognition of academic excellence, our student from among all the affiliate Nursing Colleges was honoured with the Gold medal at the University's 17th Convocation making another significant milestone for our College.

Our students benefitted from the Basic Life Support (BLS) Training programme for adults and PALS & NRP for the pediatrics/neonates. Our students not only gained vital theoretical knowledge but also participated in hands- on- practice ensuring they are well- equipped to respond to medical emergencies. Additionally, a Workshop organized by the College in Wound Care brought together experts and engaged our Hospital Nursing Staff & M.Sc. Nursing Students in practical learning. Awareness campaigns continued on days of health importance underscoring our commitment to public health.

In the realm of cultural excellence, our students brought laurels at ANUGOONJ 2025, the Zonal Prelims of GGSIPU demonstrating dynamic talents beyond academics.

As we look ahead, we remain committed to fostering an environment where knowledge, service and compassion flourish together.

Prof. Dr. Feba Geevarghese
Principal
St. Stephen's Hospital College of Nursing

TRAINING PROGRAMME ON BASIC LIFE SUPPORT

St. Stephen's Hospital College of Nursing organized a Training Programme on Basic Life Support (BLS) for the Semester III students of B.Sc. (Hons.) Nursing on 8th January 2025. The training session was taken by Dr. Rijushree Sharma, HOD Critical Care Department and her team. Ms. Clarice Lyngdoh, Assistant Professor arranged the session for the students. The training was very informative and students had hands on practice.

ANUGOONJ 2025

Guru Gobind Singh Indraprastha University 'ANUGOONJ' Zone 2 Prelims was organized at Delhi Metropolitan Education, Noida. Students actively participated in various competitions during the preliminary events. Ms. Alana B.Sc. Nursing 2nd year Semester III student bagged II position in debate competition, Semester III students were Runner up in choreography.

76th REPUBLIC DAY CELEBRATION

St. Stephen's Hospital College of Nursing celebrated India's 76th Republic day on 26th January 2025. The National Flag was hoisted by our Respected Director Sir, Dr. Sudhir C. Joseph. The students of our College of Nursing gave a special song and the gathered staff and students respectfully sang the National Anthem with great pride.

LAMPLIGHTING AND GRADUATION CEREMONY 2025

The Lamp lighting of 2024 Batches of First year and the Graduation ceremony of 2022 batch of M.Sc. Nursing, 2019 batch of B.Sc. (Hons) Nursing, 2022 batch of Post Basic B.Sc. Nursing and 2021 batch of General Midwifery Nursing students was held on 7th February 2025. The Chief Guest for the occasion was Mrs. Annie Kumar, National President Trained Nurses' Association of India (TNAI). She addressed the gathering with her words of wisdom and encouraged the students. Rt. Rev. Dr. Paul Swarup, Chairman of St. Stephen's Hospital Society and Bishop of Delhi, Diocese, Church of North India also graced the occasion with his presence. Respected Director, Dr. Sudhir C. Joseph welcomed and addressed the gathering. The Principal, Prof. Dr. Feba Geevarghese presented the Annual Report of the year. The First year student nurses of B.Sc. (Hons) Nursing and GNM lit their Nightingale lamps and took the Nurses oath. Degrees and Diplomas were conferred to the graduates. Prizes were distributed to the meritorious students. Best Outgoing Student Award winners were Ms. Angel Annie Tewari, M.Sc. Nursing batch 2022, Ms. Janvi, Post Basic B.Sc. Nursing batch 2022, Ms. Ann Tressa Joy, B.Sc. (Hons) Nursing batch 2019 and Ms. Nancy Kujur, General Midwifery Nursing batch 2021.

THE GRAND FETE

Under the guidance of Prof. Dr. Feba Geevarghese, Principal, College of Nursing organized a 'Grand Fete' for the students and staff of the Hospital on 15th February 2025 at the Old Administrative Block Lawn. The Fete was inaugurated by our Chief Guest Ms. Anuradha Goel, President, Patient Welfare Society. Dr. Sudhir C. Joseph, Director, St. Stephen's Hospital graced the event with his presence. The students and faculty enthusiastically participated and took initiative to set up food stalls with delicious food items like- Chole bhature, biryani, momos, kappa fish curry, fried chicken and fish etc. There were exciting game stalls. Attractive 'Dhamaka Sale' and song dedication stall were also set up. The highlight of the event was the Lucky Draw. The students had a good time of enjoyment and refreshment.

SESSION ON PALS & NRP

A Two day session was organized for B.Sc. (Hons.) Nursing Semester V students on Pediatric Advanced Life Support (PALS) and Neonatal Resuscitation Programme (NRP). The sessions were taken by Dr. Vivian Suman, Consultant, Pediatrics, St. Stephen's Hospital. The students gained theory as well as practical knowledge by hands on practice.

WORKSHOP ON "BRIDGING THE GAP: CLINICAL EXCELLENCE IN WOUND CARE AND FALL PREVENTION"

A one day workshop was organized by College of Nursing and students of M.Sc. Nursing 1st and 2nd year students on 28th February 2025. The conference witnessed the participation of 30 staff nurses of St. Stephen's Hospital. The Chief Guest Dr John Punnose, Associate Director, addressed the gathering. Various eminent speakers gave their insights and knowledge regarding wound care and fall prevention. The speakers were Dr. S.K. Chumber, HOD Dept. of Microbiology & Infection Control Officer, SSH; Dr. Nisha Singh, Senior Resident; Ms. Elizabeth Santosh, Nursing Superintendent; Ms. Jaya Simon Assistant Professor, College of Nursing; Sister Alka Lal, Ward Sister, Quality Office. After the session there was OSCE sessions for the particpants. The evaluators for OSCE were Sr. Sophy, Sr. Beena & Sr. Poonam. The workshop was a grand success.

WORLD AUTISM AWARENESS DAY

World Autism Awareness day St. Stephen's Hospital on 2nd April 2025. The event was organized under the Child Health Nursing Department, St. Stephen's Hospital College of Nursing.

This day is celebrated to raise awareness about autism spectrum disorder and its impact on individual and society. The day aims to promote understanding, acceptance and inclusion of autistic people, while also advocating for their rights and advocating for positive change in their lives. Dr. Nirmal (HOD of Paediatric Department) shared his thought on autism awareness. A Role Play was performed by students of Semester 5 B. Sc. (H) Nursing. Charts were explained by students. The event was organized in Paediatric Ward (MC block, 2nd floor).

REPORT ON WORLD MALARIA DAY

Malaria is a life-threatening disease spread to humans by some types of mosquitoes. It is mostly found in tropical countries. It is preventable and curable. Globally in 2023, there were an estimated 263 million malaria cases and 597, 000 malaria deaths in 83 countries.

World Malaria Day is an occasion to highlight the need for continued investment and sustained political commitment for malaria prevention and control and every year it is being celebrated on 25th April with a theme. For this year 2025, the theme is "Malaria Ends with Us: Reinvest, Reimagine, Reignite."

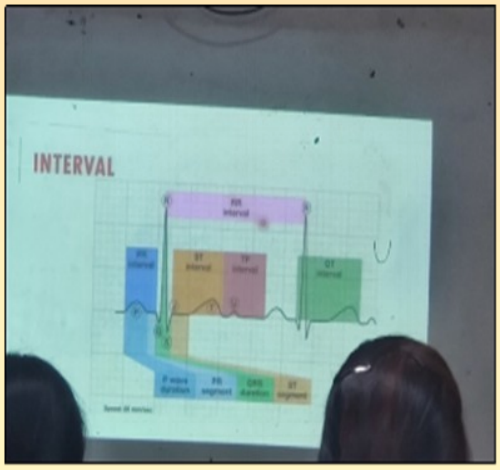
It emphasizes on the three most important points that is Reinvest: Protect malaria achievements and unlock new potential in 2025, Reimagine: Innovative strategies and tools are needed to accelerate progress towards ending malaria and Reignite: It's time to renew the commitment to ending malaria.

Medical Surgical Nursing Department, St. Stephen's Hospital College of Nursing organized a Role Play on the occasion of World Malaria Day, 25th April 2025 at St. Stephen's Hospital, OPD area in the presence of dignitaries, patients and their relatives. .

The Role play was performed by B.Sc. (Hons) Nursing II Year Semester IV students so as to impart knowledge about Malaria, symptoms, transmission, cycle, management and prevention. After the role play, Dr. Abha Mangal, HOD of Community Health Department, St. Stephen's Hospital, delivered a speech on Malaria and the importance of its preventive measures

FACULTY DEVELOPMENT

A one-day workshop on "OVERVIEW OF ECG INTERPRETATION" hands on practice was organized by Rufaida College of Nursing, Jamia Hamdard, New Delhi on 15th April 2025. Three faculty attended the workshop Ms. Mala, Assistant Professor, Ms. Clarice Adeline Lyngdoh, Assistant Professor and Ms. Gracy Phinao, Senior Nursing Tutor of St. Stephen's Hospital College of Nursing.



A one-day National workshop on "Nurse-Led Triage" was organized by WHO Collaborating Centre for Emergency and Trauma Care, Department of Emergency Medicine, JPNATC, AIIMS, New Delhi on 17th April 2025. Three faculty attended the workshop, Ms. Sapam Asha Devi, Assistant Professor, Ms. Clarice Adeline Lyngdoh, Assistant Professor and Ms. Gracy Phinao, Senior Nursing Tutor of St. Stephen's Hospital College of Nursing.

All the participants present were divided into various groups and taken to their respective skill stations and they were indulged in "Hands on Practice" relating to ABCD Assessment of Trauma care. A field-visit to the emergency department, JPNATC, AIIMS was also conducted by the WHOCCET Team where the emergency department is being divided into Red area, Green area and Yellow area.

CONGRATULATIONS!

100% Result of Post Basic 2nd year,

B.Sc. (Hons.) Nursing Semester II & IV

GGSIP University 17th Convocation 2025

GOLD Medalist

Ms. Rejoice Kishor,

B.Sc. (Hons.) Nursing Batch of 2019

Published By : The Principal, St. Stephen's Hospital, College of Nursing, Delhi, 110054
Editorial team : Prof. Sheeba Joseph, Ms Varsha Varghese, Ms. Clarice A. Lyngdoh, Ms. N. Grace Amitha, Ms. Varshi Bhardwaj
Designed By : Rajiv Chandra Ranjan, Computer Deptt., St. Stephen's Hospital, Delhi